

Winter League Rules

- All Games are 15 Min Stop Time Halves
- Teams will be given 3 minutes to warm up
- 3 Timeouts given per game (30 sec), Only 1 Timeout in OT
- Halftime is 2 minutes, Overtime is 2 minutes, 2nd OT is Sudden Death
- Last 4min of Game is running time if 20pt lead
- 6 FOULS= OUT
- Teams will shoot 1 and 1 on 7th, 2 shots on 10th team foul
- Pressing is not allowed with 15 point lead for all Grades
- Pressing is only allowed last 2 minutes of each half for 4th Grade
- No Zones are allowed in 4th Grade. Man 2 Man Help and Recover Only
- Boys 4th and 5th Grade will use a 28.5 size ball (unless both agree 29.5)
- Boys 6th-8th Grade will use full size ball (29.5)
- All Girls Grades will use 28.5 size ball
- Temperature Checks will be taken for all players and coaches entering the gym
- No spectators will be allowed in the gym
- All teams must wait by door of the building until previous teams have left + sanitizing complete.
Site directors will call in teams by court
- Everyone entering the building must wear a face mask. This includes players, coaches, officials.
- Players must wear a mask playing as well as while sitting on the bench
- Coaches must wear mask throughout the game. Covering nose and mouth.
- If masks are not worn properly a warning followed by technical will be assessed.
- Sanitizer will be set up at the scorers table. Players must sanitize when entering/exiting the game.
- Officials will wear masks and will use electronic/hand whistles
- 1 Parent from each team is required to do official book and scoreclock